

MILITARY FAMILY DAYS

ski. bike. nordic. archery. raft. climb. snowboard. paddle. hike. camp. snowshoe.

Our first winter season of Military Family Days has been filled with memorable adventures in the snow with so many incredible individuals! Our goal for these free events is to showcase different NAC programs to expose your family to various mountain activities. These winter months were filled with snowshoeing adventures, ski days at Park City Mountain and nordic skiing.



102

**Service Members
served in six
events**

"I have always wanted to learn to nordic ski. As a veteran with PTSD getting out into the open snow and doing some physical activity with my family allowed me to clear my thoughts."

Upcoming Summer Events

If you were unable to attend one of our winter events, Have no fear! We are gearing up for our jam-packed summer of adventure. Sign up soon to reserve your spot!

April 13	Intro to NAC
May 11	Intro to Adaptive Cycling
June 15	Family Crag Classic
July 13	Summit Saturday
August 17	Whitewater Rafting Trip

